CORE
AESTHETIC

COMPANY PROFILE · 2026

Company Profile

Hospital-based cosmetic and medical treatment in Istanbul, personally coordinated.



corehealthturkey.com

ABOUT US

Who we are

Core Health Turkey is a patient coordination company based in Maslak, Istanbul. Since 2023 we have helped international patients plan cosmetic and medical treatment in Turkey, with care from the first message to the last check-up.

We are not a clinic. Your treatment is performed by your surgeon at an accredited partner hospital. We organise everything around it: consultation, hospital, hotel, transfers, translation and aftercare follow-up.

Our mission

To give every international patient a clear, safe and personal path to treatment in Istanbul: the right surgeon, an accredited hospital, and one team taking care of everything around it.

2023	2,000+	Hospital-based
Founded in Istanbul	Happy patients	Treatment in accredited hospitals

Our approach

01

Hospitals, not clinics

Full hospital infrastructure, accreditation and on-site specialists.

02

One coordinator

A single team plans every step, so nothing falls between the cracks.

03

Honest information

Personal quotes, realistic expectations and no guaranteed results.

HOW WE WORK

What we coordinate

Core Health Turkey is a patient coordination company, not a clinic. Your procedure is performed by your surgeon at one of our accredited partner hospitals in Istanbul.

Free consultation
Share your photos and goals. Your case is reviewed before you book anything.

Accredited hospital
Your treatment takes place in an accredited partner hospital in Istanbul.

Hotel
Your hotel stay is arranged for the days you are in Istanbul.

Transfers
Airport, hotel and hospital transfers are organised for you.

Translation
An interpreter supports you, so every conversation is clear.

Aftercare follow-up
We stay in touch after you fly home and follow your recovery.

Why hospitals, not clinics?

- ✓ Full hospital infrastructure, with operating theatres, intensive care and on-site specialists
- ✓ Accredited facilities that follow established patient-safety protocols
- ✓ A hospital bed and nursing care whenever your procedure needs an overnight stay

Your journey with us

01
Consult
Send us your photos and questions. We arrange a free online consultation and your case is reviewed.

02
Plan
You receive a personalised treatment plan and quote, and we agree your dates together.

03
Travel
We meet you at the airport, settle you into your hotel and organise every appointment.

04
Treatment
Your surgeon treats you at an accredited partner hospital, with an interpreter by your side.

05
Aftercare
Your check-up is arranged before you fly home, and we follow your recovery afterwards.

TREATMENTS

Treatments

Every treatment has its own page on our website, with procedure details, recovery and what the package covers.

Aesthetic Treatments

- Rhinoplasty
- Face & Neck Lifting
- Liposuction & Vaser
- Lip Filler & Liplifting
- Blepharoplasty
- Breast Augmentation (Implants)
- Breast Lift
- Fat Transfer
- Cat Eyes Surgery
- BBL (Brazilian Butt Lift)
- Breast Reduction
- Vaginoplasty
- Forehead Lifting
- Gynecomastia
- Arms Lifting
- Labiaplasty
- Tummy Tuck (Abdominoplasty)
- Otoplasty
- Hair Transplant
- Browlift
- Thighs Lifting
- Dental Treatments

Medical Treatments

- Check-Up
- IVF (In Vitro Fertilization)
- Orthopedics
- Ophthalmology
- Transplantology
- Bariatric Surgery
- Cardiovascular

Contact us for a personalised quote

OUR SURGEON

Our surgeon



Dr. Göktuğ Esmer

Plastic Surgeon

Dr. Göktuğ Esmer is the plastic surgeon behind the aesthetic surgery we coordinate. He reviews your case, plans the procedure with you and performs it at an accredited partner hospital in Istanbul.

TRUSTED PARTNERS

Trusted partners

HOSPITALS

- Acıbadem Hospital
- Erdem Hospitals

HOTELS

- Hilton Hotels
- Radisson Hotels
- La Quinta by Wyndham

PARTNERS

- Mica Shield

PATIENT REVIEWS

What our patients say

Read independent patient reviews on Trustpilot and WhatClinic.

Trustpilot

WhatClinic

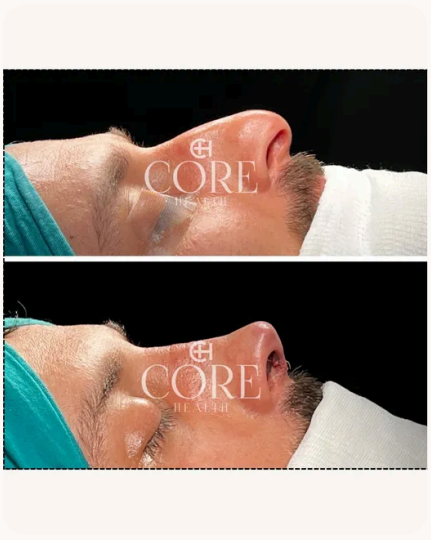
REAL PATIENTS

Real patients, real results

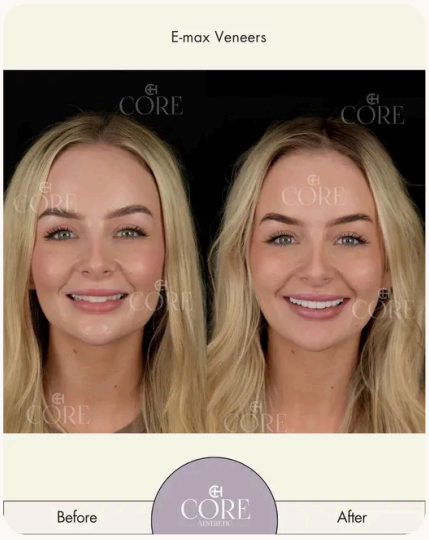
A selection of results from patients who agreed to share their photos.



Hair Transplant



Rhinoplasty



Dental Treatments



Face & Neck Lifting



Forehead Lifting



Blepharoplasty

Results vary from person to person. Photos are shared with each patient's consent and are not a guarantee of your result.

★ Read independent patient reviews on Trustpilot and WhatClinic.

CORE
AESTHETIC

Let's plan your treatment

Send us your questions and photos for a free consultation. We will answer and prepare a personalised plan, with no obligation.

Scan to chat on WhatsApp

Scan to visit our website

+90 538 700 25 73

info@corehealthturkey.com

corehealthturkey.com

@core.aesthetic.turkey

Maslak Mah. Ahievran Cad. No:11/2, Olive Plaza, Sarıyer / Istanbul, Türkiye

Core Health Turkey is a patient coordination company. Medical procedures are performed by licensed surgeons and specialists at accredited partner hospitals, who are responsible for your medical care. The information on this website is for general information only and does not replace a consultation with a qualified doctor. Every procedure carries risks, suitability is decided by your surgeon, and results vary from person to person.